

Sexual Assault: Support, Report, Prevent

WHAT TO DO IF YOU OR SOMEONE YOU KNOW ARE ASSAULTED

Ask for help.

- Call 9-1-1
- Santa Monica Rape Treatment Center (RTC)
Toll Free Helpline: 424-259-7208
www.dvsas.com
- National Crisis line 800.656.HOPE (4673)
www.rainn.org
- Call a trusted friend or family member

Seek medical attention:

Santa Monica Rape Treatment Center
1250 16th St. Santa Monica, CA 90404
360.734.5400

While at the hospital:

- Ask for an advocate who can explain your rights and provide immediate counseling.
- Receive help for physical injuries.
- Screen for sexually transmitted infections (STI) and pregnancy.
- If possible do not shower, clean up, or change clothes before. Hospital staff can use a kit designed for collecting evidence.

This process does not commit you to filing charges with police.

Don't Isolate Yourself Seek Help



CAMPUS SUPPORT

UCLA Extension has procedures that are sensitive to those who report sexual assault, domestic violence, dating violence, and stalking, including:

- Informing individuals about their rights
- Availability of medical, counseling and support services
- Reasonable accommodations to limit contact between involved persons, such as housing, academic, transportation, and work modifications
- Execution of legal protection orders as applicable to campus

REPORTING

Reporting is always the victim's choice, although UCLA strongly encourages everyone to report. The Title IX Coordinator will assist with notifying local police if desired.

- **Student Rights & Responsibilities Center**
Initial reporting and advocacy for UNEX
310.825.0953
srrc@unex.ucla.edu
- **UCLA Title IX Office**
TitleIX@conet.ucla.edu
Make appointment by calling 310.206.3417
Mohammed Cato, 2255 Murphy Hall
- **UCLA Police Department**
Emergency number: 9-1-1
Non-emergency number: 310.825.1491
- **Submit electronic report online:**
https://ucla-gme-advocate.symphlicity.com/public_report/index.php/pid637208?

Sexual Assault Awareness

Plan Ahead. Be Aware. Ask for Help.

ADDITIONAL RESOURCES

Santa Monica Rape Treatment Center

Intake and Helpline: 424.259.7208

- Available 24-hours 365 days & Free
- Medical & Legal Advocacy
- Referrals for health, housing, food, etc.
- Support Groups

Friends and family can offer support by:

- Listening & keeping you company
- Walking to class with you
- Staying with you

UCLA Care Advocates

<https://careprogram.ucla.edu/>

- Information regarding resources and reporting

WHAT IS CONSENT?

Consent is knowing, voluntary, and clear permission (by word or action) to engage in mutually agreed upon sexual activity. Consent is time dependent, and must be freely given without coercion. A person cannot consent if they are intoxicated or otherwise unable to understand what is happening.

WHAT IS SEXUAL VIOLENCE?

Domestic/intimate partner violence is a violent misdemeanor or felony offense committed by current or former spouse, cohabitant, or person similarly situated under domestic or family violence law.

Dating violence is violence by a person in a romantic or intimate relationship with the victim.

Sexual harassment is unwelcome sexual advances or conduct that interferes with a person's ability to perform at work or as a student.

Stalking is intentional and repeated harassment or following of another person, which causes the victim reasonable fear that the perpetrator intends to injure, intimidate, or harass. Motive of perpetrator does not matter.

Full texts of relevant UCLA Policies and Procedures can be found online:

<https://policy.ucop.edu/doc/4000385/SVSH>

RISK REDUCTION & PERSONAL SAFETY

- **Be aware of your surroundings** — Knowing your surroundings can help you locate a way out. Avoid isolated areas and distractions such as wearing headphones which can limit alertness.
- **Set clear limits and be firm** — Be clear and consistent.
- **Be aware of drug and alcohol use** — Alcohol and drugs compromise decision-making and are often a factor in assaults.
- **Trust your instincts** — If a situation feels unsafe or uncomfortable, it probably isn't the best place to be. Never do anything that does not feel right to you.
- **Don't leave your drink unattended** — Pour your own drink (or watch a bartender pour). Never leave your drink unattended.
- **Walk with purpose** — Even if you don't know where you are going, act like you do.
- **Attend social gatherings with friends** — Go together, check in during the party, and leave together.
- **Watch out for others** — If you see someone intoxicated or in danger, get them to a safe place.
- **Develop a code word with friends** — Before going out decide on a code word so friends can make an excuse for you to leave or to come pick you up.
- **Lie** — Make up a story about why you can't go with the other person. Such as caring for a sick relative, not feeling well, or work.
- **Make sure your cell phone is with you and charged.**
- **If you suspect that you or a friend has been drugged — call 9-1-1 immediately!**

Rape or sexual assault can happen to anyone, regardless of gender, and is never the victim's fault.